

## **Two-Day National-Level Workshop on Innovative and Sustainable Processing of Fruits and Vegetables**

The **Department of Food Science and Technology**, School of Life Sciences, **St. Joseph's University**, organized a **Two-Day National-Level Workshop on “Innovative and Sustainable Processing of Fruits and Vegetables”** on **19th and 20th January 2026**, in collaboration with the **Institute of Baking Technology and Value Addition, University of Agricultural Sciences**.

The workshop aimed to enhance knowledge and practical skills related to **sustainable processing, value addition, and post-harvest management of fruits and vegetables**. A total of **58 participants**, including UG and PG students from various institutions and food industry entrepreneurs, actively participated in the programme.

**Day 1** featured an inaugural ceremony followed by technical lectures delivered by **Dr Kalpana B and Dr Ashwini A**, **highlighting recent advances in post-harvest processing, valorisation** of agri-produce, emerging processing technologies, and circular economy concepts. Hands-on demonstrations of peel-enriched chutney and bottle gourd peel halwa emphasised the utilisation of waste and the enhancement of nutrition. Interactive activities, such as a quiz and an innovative recipe competition, further engaged participants.

**Day 2** focused on practical training in fruit and vegetable processing, including the preparation of banana muffins, mixed fruit jam, pineapple squash, amla beverage, tomato sauce, tomato chutney, and instant raw mango pickle, with emphasis on hygiene, preservation, shelf-life enhancement, and quality control.

The workshop concluded with a **valedictory ceremony**, prize distribution, and certificate distribution. Overall, the programme successfully strengthened participants' understanding of **innovative, sustainable, and market-oriented food processing practices**, promoting skill development, value addition, and waste reduction in the food processing sector.

For the Images of the Summary of the International Conference at the Department of Chemistry, kindly refer to the Photo Gallery: <https://sju.edu.in/gallery/134>